



PROUDLY PRESENTS

# ELEVATING FROM INSIDE OUT





### 4 DAYS LIVESTREAM MASTERCLASS NEOLIFTING<sup>®</sup> THE FOUNDATION

#### NON-INVASIVE MANUAL AESTHETICS OF THE FACE

Interactive Online Training into the art of NeoLifting® to rediscover your inner beauty and help others do the same



OCT 19-22, 2024 VIRTUAL ONLINE COURSE 4 LIVE INTERACTIVE SESSIONS EACH DAY 12 PM - 5PM ET TIME | 9AM - 2PM PACIFIC

Please check your local time carefully





For inquiries or to book your place, please email: contact@proageaestheticsacademy.com

## ELEVATING FROM INSIDE OUT



Learn more aboui îhe Academy At PRO-AGE AESTHETICS ACADEMY, we strive to create a network of accredited holistic beauty professionals who are as passionate about their own growth and development, as the community's that they serve. We pride ourselves on bringing you the best groundbreaking techniques which utilise the body's natural resources to self-heal and restore facial aesthetics. Through certified programs, handson training and continued community support for the beauty graduates, the Academy intends to empower women to complete financial independence and running a heart-centered business, embracing their values and growing as individuals

More about us at www.proageaestheticsacademy.com Instagram @proageaestheticsacademy

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### WHO IS THIS TRAINING FOR ?

PRO-AGE Aesthetics Academy Ltd is an accredited CPD UK training provider for continuous professional education. This course should not be considered as a base education, but rather as an extension and upgrade to your existing skills. Therefore, we exclusively invite professional massage, beauty and spa therapists, aestheticians, holistic health and wellness professionals, and medical practitioners who would like to add more value to the services they offer. Advance your career to the new heights and improve your revenue with this effective, cutting-edge method of non-invasive facial aesthetics!





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## CERTIFICATE

## MEMBERSHIP

The CPD Certification Service certifies that

### Pro-Age Aesthetics Academy Ltd

is a MEMBER of The CPD Certification Service

Providing recognised independent CPD accreditation compatible with global CPD principles.

Membership Number

#### 14873

An initiative to increase standards of CPD provision to professionals in relevant market sectors

Authorised Signature:

Date of Commencement: 1st September 2021

G. Savage

Managing Director, The CPD Certification Service

The Coach House, Ealing Green, London W5 5ER Email: info@cpduk.co.uk Web: www.cpduk.co.uk Tel: 020 8840 4383

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### MCO/LIFTING

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## INTRODUCTION TO NEOLIFTING®

The philosophy behind NeoLifting® is that no amount of makeup or skincare products, no amount of perfume, jewellery or designer clothes will make a woman beautiful as when she feels beautiful from the inside. When she is content and comfortable in her own skin, when she feels happy and grounded - she is irresistible and her presence is magnetic. It affects everyone around her and that is her greatest gift to the world!

As a therapist learning NeoLifting®, you are embarking on a journey to not only master the subtleties of the craft, but how to ethically and gently address psycho-emotional states of your clients by skilful manipulations with the soft tissues of the face, neck and cranium, gentle skeletal adjustments, and breathwork. You will learn how to create a safe healing space and serve from a humble place of non-judgement.

The procedure of NeoLifting® sets to transform the traditional approach to beauty in the industry which is dominated by invasive techniques, plastic surgeries, injectables, and the use of various toxic substances to delay the aging process. Being at the forefront of holistic approach in the field of modern beauty, it aims to prove that there is a way to beauty without pain. This treatment gives the prolonged lifting effect to face, neck, and décolleté without side effects and the risks of complications.

NeoLifting® propels the internal resources of the body for natural rejuvenation and recovery. It improves blood circulation and lymphatic drainage, increases the microcirculation in the subcutaneous adipose tissue, normalizes cellular respiration, activates metabolism and tissue nourishment improving the skin trophic.

The secret to the success of the technique lies in the deep understanding of how the facial muscles work and applying this fundamental knowledge to practice - our therapists **work both superficially on the face and inside the oral cavity**.

As a result, muscles come back to their healthy tonus, facial posture improves and skin becomes smooth, returning the face to its natural shape.



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### PROTOCOL OVERVIEW



Due to its holistic approach, the methodology views the relationship between lymphatic, circulatory, immune, and nervous systems as an essential component to health and maintaining longevity. Its' not about anti-aging. It's all about better aging and the quality of YOUR life!

Overall, NeoLifting® produces such positive results:

- facial muscles relax and muscle tone returns to normal;
- helps muscle recovery, restores facial posture by balancing three horizontal lines menton, glabella and trichion;
- eliminates spasms and blockages;
- enables metabolism and tissue nourishment;
- appearance and elasticity of the skin improves via stimulation of skin cell regeneration and prevention of wrinkles.

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PERFORMANCE BEAUTY LUGS

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## WHAT TO EXPECT: PRACTICAL Pracilical Training and Theory

The training program is addressed for the professionals in the beauty and spa industry, massage therapy, aesthetics, holistic health and wellness professionals and medicine. Bespoke practical module in NEOLIFTING® will also be supported by strong anatomical base including **Comprehensive Overview of the Facial Anatomy**.

Please refer to your purchased package for further inclusions.

During **this highly intensive, immersive 4 days of interactive live sessions**, you will learn all the subtleties of NEOLIFTING® which is comprised of four complimentary techniques:

- 1. Breathwork and Manual Lymphatic Drainage for Facial Aesthetics;
- 2. Face Sculpting and Modelling;
- 3. Intraoral (Buccal) Technique;
- 4. Head Massage

#### • Breathwork and Manual Lymphatic Drainage

You will learn the importance of client-therapist integration as well as effective lymphatic drainage techniques to not only relax the client and calm down their nervous system, but enhance activity of the lymphatic nodes, prepare the face, neck, scalp, and décolletage area and improves the efficiency of the subsequent movements.

#### • Face Sculpting and Modelling

During this part you will learn all the skills you need to perform thorough and targeted facial manipulations to combat the age-related facial changes and to perform aesthetic correction of those changes by improving the facial posture and balancing out the facial symmetry including the three horizontal proportion sections - Menton, Glabella and Trichion. Muscle sculpting is achieved by kneading the whole face, neck and décolletage area superficially - the therapist works like a sculptor moulding the face - strengthening the hypotonic muscles and relaxing the hypertonic ones.

#### • Intraoral (Buccal) Technique

This part of the treatment allows the therapist to do deeper work on mimic and masticatory muscles along the entire length from origin to insertion point of muscle's attachment simultaneously from the outer and inner sides of the face through the oral cavity, It is a safe and effective approach to address muscle tension and alleviate emotional residue left in the muscle tissue. It also helps to gently affect facial posture by light manipulations with certain bones of the skull. This part is performed by the practitioner wearing sterile gloves inside the oral cavity.

#### Head Massage

As a logical conclusion to your treatment, the head massage melts away the stress, tension and helps to improve the blood circulation to the scalp, face and the neck, and promote the hair growth.



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## MCOLIFTING

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## WHAT TO EXPECT: MARKETING Best Social and Marketing Skills

The Academy vision is to empower new generation of beauty leaders. We do that by equipping you with bespoke practical skills and strong theoretical foundation. We also pride ourselves on partnering with experts and delivering you the best tools on how to:

- Market your business successfully
- Handle Social Media strategically
- Integrate NEOLIFTING® into your practice
- Create the best treatment protocols and customer programmes
- Customise your treatments by understanding diversity of morphological facial type
- · Boost your confidence

#### and much more!

During these 4 intensive training days with us, you will embark on a personal transformational journey as a therapist and compassionate human being. By the time you finish this jam packed training with us, we want you to have a solid understanding not only about the technique itself but your next steps for the future. Many of our students call it "training on steroids!"

We are a dynamic, modern educational provider which above all places the human in the centre of our core values. Our goal is to really advance our students to prepare them for the future which is only possible when **professionalism**, **psychological safety and compassion are in sync**. These are the golden criteria which will see you through any turbulent times and propel your career to the heights you've always dreamed of!

Through certified programs, hands-on training and continued community support for the beauty graduates, PRO-AGE AESTHETICS ACADEMY intends to empower women to complete financial independence and running a heart-centred business, embracing their values and growing as individuals.



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## Real-time, interactive sessions with NeoLifting® pioneers Tatiana and Uma

October 19-22, 2024 TIME: 12 pm - 5pm ET Time | 9am - 2pm Pacific



Connect with hundreds of like-minded therapists from across the globe.

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## MCOLIFTING

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## WHAT YOU NEED TO KNOW Important Information

#### TRAINING SCHEDULE:

Your training will start on October 19th and conclude on October 22nd, 2024. Please refer to your welcome email for detailed daily agenda.

Each day we will meet at set times on Zoom platform and will study together. Your sessions are designed to provide for plenty of Q&A opportunities, theory presentations and mastering the practical skills together with our trainers. It is very important that you allocate time and arrange your models to be present during interactive classes - you will be able to practice alongside your tutors, ask questions, correct mistakes and address any queries you have. You will have recordings to all Zoom sessions available for a lifetime. An access to our educational online platform is optional and depends on the package you have purchased. For further information please refer to:

#### www.proageaestheticsacademy.com/livestream

Should you have any questions or require technical assistance, please email to help@proageaestheticsacademy.com

Ociober 19-22, 2024 LiveSiream Session Times: 2 pm - 5pm ET Time | 9am - 2pm Pacific



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# Join the Movement

## LEARN THE ART OF NEOLIFTING® TO BECOME THE SOUGHT-AFTER PRACTITIONER AND OFFER YOUR CLIENTS A VIP-CLASS PROCEDURE!

Over the last few years, the world has seen an unparalleled increase in demand for professionals who offer effective non-invasive manual techniques to combat the age-related changes.

Offer your clients this exclusive treatment to help them rediscover their inner beauty and to show that there is a way to beauty without pain!



## Empowering Beauty Leaders!

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## <u>neo</u>lifting

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# Ceriificate of Completion

IF YOU HAVE PURCHASED CERTIFIED PRO OR CERTIFIED EXPERT PACKAGE, YOU WILL RECEIVE INTERNATIONALLY RECOGNISED CERTIFICATE ENDORSED BY CPD UK (LONDON) AFTER SUCCESSFULLY PASSING YOUR INDIVIDUAL ASSESSMENT WITH THE ACADEMY TRAINER.



## Empowering Beauly Leaders!



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#### VISIT OUR WEBSITE WWW.PROAGEAESTHETICSACADEMY.COM

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EMAIL CONTACT@PROAGEAESTHETICSACADEMY.COM



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